## **MARCH** 2023 MIDDI F

### **LUNCH 2023-2024**

Lunch 2ND LUNCH

MY SCHOOL BUCKS FOR ONLINE PAYMENTS U.S. currency only Checks made out to "ROYALTON HARTLAND CSD"

A LA CARTE **MILK** \$ .50 ICE CREAM CUP \$1.00 **ICE CREAM NOVEL \$1.30 CHIPS** \$ .75 **SALT & VIN** \$1.30 COOKIES \$ 1.00 **BELLY BEARS** 

\$.40 \$2.00 \$2.00

## (ര് **BREAKFAST**

Breakfast \$1.25 2ND BRFST \$1.25

Mon: BAGEL

**EPIC** 

**FRUIT 66** 

MINI DONUT HOLES

Wed: UBR ROUND

EGGO FRENCH TOAST CHOC CHIP

JUMPSTART KIT

**CEREAL, FRUIT &** MILK **AVAILABLE WITH EVERY MEAL** 

### **MONDAY**

TO ESTABLISH

MEALS ARE FREE TO THOSE THAT QUALIFY PLEASE FILL OUT AN INCOME APPLICATION FREE / REDUCED & PAÍD STATUS

MAIN ENTRÉE HOT SANDWICH COLD MTO WRAP (MADE TO ORDER) COLD SALAD PLATÉ PEANUT BUTTER & JELLY OFFERED DAILY

**TUESDAY** 

## **WEDNESDAY**

**THURSDAY** 

CHEESE PIZZA YOGURT OR SALAD PLATE GRILLED CHEESE / MTO BROCCOLI **FRUIT** 

**FRIDAY** 

\$2.00 MAY CHOOSE: \$2.00 1 ENTRÉE MUST

CHOOSE: ENTRÉE MUST CHOOSE:

FRUITS/

1 MILK

1 OR 2 FRUITS

MAY

CHOOSE:

ENTRÉE

MUST

CHOOSE:

1 OR 2

FRUITS

VEG.

MILK

CHOOSE:

FRENCH BREAD PIZZA YOGURT OR SALAD PLATE CHEESEBURGER / MTO **GREEN BEANS** FRESH FRUIT

PIZZA CRUNCHERS W/ MARINARA SAUCE YOGURT OR SALAD PLATE **GRILLED CHEESE / MTO** CARROTS FRESH FRUIT

6

MACARONI & CHEESE YOGURT OR SALAD PLATE CHICKEN BREAST / MTO CORN **FRUIT** 

CHEESE PI77A YOGURT OR SALAD PLATE CHICKEN PATTY / MTO VEGETARIAN BÉANS FRESH FRUIT

8

PARENT TEACHER **CONFERENCES HALF DAY BREAKFAST ONLY** NO LUNCH

FIESTADA PIZZA YOGURT OR SALAD PLATE CHEESEBURGER / MTO GREEN BEANS FRESH FRUIT

12

MEATBALL SUB YOGURT OR SALAD PLATE GRILLED CHEESE / MTO FRENCH FRIES CARROTS **FRUIT** 

13

POPCORN CHICKEN BOWL YOGURT OR SALAD PLATE CHICKEN BREAST / MTO MASHED POTATOES CORN FRESH FRUIT

14

FISH STICKS W/ SUNCHIPS YOGURT OR SALAD PLATE CHICKEN PATTY / MTO VEGETARIAN BÉANS FRESH FRUIT

15

BREAKFAST PIZZA YOGURT OR SALAD PLATE GRILLED CHEESE / MTO BROCCOLI **FRUIT** 

# **BREAKFAST 2023-2024**

MAY CHOOSE: ENTRÉE MUST

MILK

18

MAX STIX W/ MARINARA SAUCE YOGURT OR SALAD PLATE CHEESEBURGER / MTO **GREEN BEANS** FRESH FRUIT

19

MOZZARELLA STICKS W/ MARINARA SAUCE YOGURT OR SALAD PLATE GRILLED CHEESE / MTO **CARROTS** FRESH FRUIT

20

CHICKEN PATTY ON BUN YOGURT OR SALAD PLATE CHICKEN BREAST / MTO CORN FRUIT

21

SAHLEN HOT DOG ON BUN YOGURT OR SALAD PLATE CHICKEN PATTY / MTO COWBOY SALSA W/ CHIP FRESH FRUIT

22

CHEESE PIZZA YOGURT OR SALAD PLATE GRILLED CHEESE / MTO **BROCCOLI** FRESH FRUIT

CHOOSE: 1 OR 2 FRUITS VEG.

PASTA & MEATSAUCE YOGURT OR SALAD PLATE CHEESEBURGER / MTO GREEN BEANS FRUIT

26

DORITO TACO IN A BAG W/ LETTUCE & CHEESE YOGURT OR SALAD PLATE GRILLED CHEESE / MTO CARROTS FRESH FRUIT

27

FRENCH TOAST STICKS W/ SAUSAGE PATTY W/ LOCAL MAPLE SYRUP YOGURT OR SALAD PLATE CHICKEN BREAST / MTO CORN **FRUIT** 

28

CHEESE PIZZA YOGURT OR SALAD PLATE CHICKEN PATTY / MTO BROCCOLI FRUIT

29

GOOD **FRIDAY** NO SCHOOL

# **ROYHART MIDDLE SCHOOL**

MENU is subject to change, notice given when possible. USDA is an equal opportunity provider and employer.